

EXPLORE ADHD and You!

This website, developed and funded by Takeda, is a portal to key information about ADHD in children, young people and adults, **for those with ADHD or who may have ADHD.**

ADHD is not just a condition in children. It can affect **young people and adults** too and may have an **impact on home and family life**, in **education** and at **work**.

By developing a **broader knowledge** and gaining a **deeper understanding** of ADHD, those affected by ADHD can be better supported and managed, enabling them to hopefully reach their full potential and live life to the full!

The **ADHD and You** website is for:



Parents or carers of a child with ADHD



Young people with ADHD



Adults recently diagnosed with ADHD or those that suspect that they have ADHD



Teachers/educators of children or young people with ADHD

ADHD and You provides some valuable information and insights into ADHD, what causes it, how it may affect people's lives, and how individuals can support themselves or others who may have been diagnosed with ADHD.

Useful **downloadable resources** are also available on the website, as well as signposting to related information on other **relevant patient and professional organisation websites.**



www.ADHDandYou.co.uk