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> ADHD fact of the month! Research shows that SAD (Seasonal Affective Disorder) uniquely affects people with ADHD (https://www.additudemag.com/)

WINNER O QUAY INNOVATION AWARD

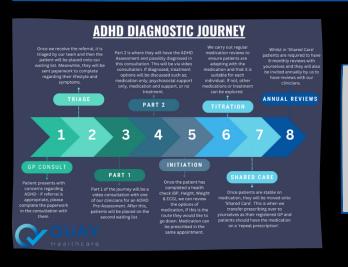
# ADHD Newsletter FEBRUARY 2024



## **OVERVIEW**

In early November, we launched a new pathway within the ADHD Service. Part of this was that an assessment should only be considered when required and relevant before a referral is made to our team; please continue to refer if this is the case.

The new pathway also included an updated referral form; thank you to everyone who has started using this. This is a polite reminder to those using the old form that we require the revised version, that was updated in October 2023. If you are having issues accessing this, please email <u>cmicb-war.adhdservice@nhs.net</u>



### DIAGNOSTIC JOURNEY

This diagram has been produced to summarise our pathway. We hope this will clarify our processes, and allow patients to be educated, on what to expect after their referral is sent to us. This is also linked to the website for a more in-depth photograph.

## WEBSITE

The Team at Quay have been working hard to develop the website to include information for both clinicians and patients to view.

The website includes information to do with ADHD medication shortages, referral information, Mental Health Support and leaflets.

As well as ADHD, the website has been updated to include all other services provided by Quay Healthcare, including Enhanced Access, PCN Support, Paramedics in Primary Care, Mental Health Practitioners and Care Coordinators.

#### MEDICATION SHORTAGES

Our Prescribers have not been able to start new patients on medication during their diagnostic assessment due to the national shortages; however, we are happy to report that we have now seen patients whose journeys were interrupted by these shortages and have started them on treatment (where appropriate).