



# Quay Healthcare ADHD Newsletter MAY 2024

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ADHD fact of the month!  
ADHD brains have lower-than-average levels of dopamine, a neurotransmitter that regulated the body's pleasure and reward systems.

# ADHD Newsletter

## MAY 2024

### TRAINING OPPORTUNITIES

Although we have received no responses to our previous request, we have since received many queries from multiple practices regarding support for processing referrals. We would strongly encourage and appreciate the time taken to respond to the below.

As a reminder, we are keen to explore using roles within the wider Primary Care Team, such as care coordinators and SPLWs, to support the completion of the referral form with training provided by our team to support them in doing so.

We have been looking at ways to reduce the strain on clinicians in practice that is generated by completing the form and patient queries about the process.

We are really keen to put something in place as soon as possible to assist in reducing pressure on GPs, so ask that you respond no later than the 24th May as to whether you would be interested in this training.

<https://forms.gle/JwUJ13V5ZcTcKqGr9>

### SERVICE OVERVIEW

Similarly to the above, our team is keen to continue improving working relationships with the practices we support and are happy to offer face-to-face visits. We can provide a service overview suitable for both clinical and non-clinical staff for which previous feedback has been really positive, as well as the chance for your team to ask us questions about the service.

Please contact us via email to enquire: [cmicb-war.adhdservice@nhs.net](mailto:cmicb-war.adhdservice@nhs.net)

### NETWORKING

We have been lucky enough to engage in multiple networking opportunities over the last couple of months. We are excited about the potential of working with these local organisations closer than ever before. Some examples of those teams we have met with include Sean Bailey Wellness CIC, Pathways, the Autism Service, Health and Wellbeing Team, The Child ADHD Clinic and Priestley College. In the near future, we are hoping to have further conversations with the Learning Disability Team and Merseycare.

### REFERRALS VIA GATEWAY

A reminder that referrals for the Warrington Adult ADHD Service can now be processed via the Gateway. We have worked hard to ensure that the new process works well, not just for the practices, but for our team at Quay.