



# Quay Healthcare ADHD Newsletter AUGUST 2024

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# ADHD Newsletter

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### INCREASE IN WAIT TIME

Unfortunately, our wait time has increased and is now 20 months from referral to diagnosis. As always, we are working hard to see patients and meet this timeframe. This is the unfortunate outcome of increased demand and decreased capacity, as well as the unique challenge of a global medication shortage, the affects of which are ongoing. Please ensure your patients are aware of this wait time at the point of referral to manage expectations and reduce frustrations.

As always, patients have the option to choose their provider (<https://adhduk.co.uk/right-to-choose/>). However, they must be aware that not all providers offer an NHS Right To Choose Service. In these instances, their diagnosis will be investigated and undergo validation if they wish to be transferred to our NHS Service at a later date. Please note that the wait time for a transfer of care into our service has also increased and is around 12 months.

### ONGOING MEDICATION SHORTAGES

An update on the ongoing ADHD medication shortages has been published on the NHS Cheshire and Merseyside website. The update provides key points for patients/parents and carers and what to do if patients can't get their prescription from their usual pharmacy;

[www.cheshireandmerseyside.nhs.uk](http://www.cheshireandmerseyside.nhs.uk)

We are pleased that this article echoes the advice we as a service has previously produced and shared. We recognise that you have also experienced increased pressure due to the shortages and would appreciate your ongoing and continued support

### TEAM UPDATES AND STRUCTURE

We are sad to announce that our Clinical Lead, Jonathan Lanham-Cook, is retiring in September. However, are pleased to announce that our diagnostician Hanah Sfar-Gandoura, who has been working with the team since 2023, is taking over this role.

We are also delighted to have recruited a new diagnostician, Natalie, who will be joining us in September and welcoming her into our team.

With these changes, our small team will now consist of (from September):

- 1 WTE clinical lead
- 1 WTE diagnostician
- 0.2 WTE prescribers
- 2 WTE assistant Psychologists
- 1.4 WTE admin support