

Education, Employment & Financial Support



Online free and confidential advice for a range of problem's. Search by area for localised guidance.

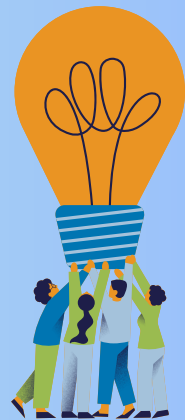
Access to Work

Access to Work is a government programme aimed at supporting people take up or remain in work.

You can get help with:

- Work-focused mental health support for up to nine months tailored to your needs
- An assessment of your needs to identify suitable coping strategies
- A personalised support plan, detailing the steps needed for you to remain in, or return to, work
- Ideas for adjustments in the workplace or of working practice

Apply online on the gov.uk website



Education Support

If you are a student, additional help is available for your ADHD diagnosis. This can include Disabled Students' Allowance (DSE) which helps to cover the cost of study-related costs you have due to your ADHD.

You can also ask for reasonable adjustments to be made, including extended exam hours, seperate exam rooms, extended deadlines etc.

