

SUSSEX

LOCAL MENTAL HEALTH SERVICES & COMMUNITY GROUPS

MENTAL HEALTH SERVICES



Sussex Partnership NHS Foundation Trust

<https://www.sussexpartnership.nhs.uk>

0300 304 0100

Staying Well - Brighton and Hove

<https://www.sussexpartnership.nhs.uk>

0800 023 6475

Brighton and Hove Wellbeing Service

<https://www.brightonandhovewellbeing.org>

0300 002 0060

COMMUNITY GROUPS

Together in Sussex

<https://togetherinsussex.org.uk>

01273 721100

Divine Recovery

<https://www.divinerecovery.co.uk>

07931117539

South Down

<https://www.southdown.org>

01273 405800