

Mental Health Support



Worcester and Herefordshire have services available to support you with managing and improving your mental health based on the area you live. Please find the contact details below.

Worcester

The Mental Health Liaison Team provides comprehensive assessment to all people, regardless of age, who attend Worcestershire Royal Hospital.

For further information visit:
<https://www.hacw.nhs.uk/services/service/mental-health-liaison-worcestershire-66/>

Leominster

The community mental health team is under Herefordshire and Worcestershire Health and Care NHS Trust. For a referral, speak to your GP.

For further information visit:
<https://www.hacw.nhs.uk/neighbourhood-mental-health/>

Ross-on-Wye

The community mental health team is under Herefordshire and Worcestershire Health and Care NHS Trust. For a referral, speak to your GP.

For further information visit:
<https://www.hacw.nhs.uk/neighbourhood-mental-health/>

Hereford

The community mental health team is under Herefordshire and Worcestershire Health and Care NHS Trust. For a referral, speak to your GP.

For further information visit:
<https://www.hacw.nhs.uk/neighbourhood-mental-health/>

Ledbury

The community mental health team is under Herefordshire and Worcestershire Health and Care NHS Trust. For a referral, speak to your GP.

For further information visit:
<https://www.hacw.nhs.uk/neighbourhood-mental-health/>

Local Help

<https://swwmind.org.uk/our-services/worcestershire-safe-haven/>



<https://www.rethink.org/>

